

ISTANBUL MEDİPOL UNIVERSITY POLICY ON HEALTH AND WELL-BEING

Information on the Policy:

Name of the Policy	Policy on Health and Well-Being
Policy Owner	Istanbul Medipol University Rectorate
Policy Coordinator	Quality Accreditation Office Department of Strategy Development Sustainable Development Application and Research Center Academic Unit Quality Commissions
Policy Scope	All academic and administrative units, academic staff, administrative staff, students
Approval and Effective Date	15.08.2023
Contact	Sustainable Development Application and Research Center Office e-mail, telephone
Web Site	https://www.medipol.edu.tr/akademik/arastirma-merkezleri/surdurulebilir-kalkinma-uam

Purpose

Based on the third United Nations Sustainable Development Goal, "Good Health and Well-Being", Istanbul Medipol University endeavors to strengthen and mainstream the values and perspectives of "Ensuring good health and well-being at all ages" within the institution.

Istanbul Medipol University considers "Ensuring good health and promoting well-being for all ages " as its strategic priority in this framework.

Policy Scope

While designing its strategies to achieve its vision, the university commits to initiatives and practices related to "Ensuring good health and well-being at all ages".

Istanbul Medipol University has prepared this policy document, which shows its determination to carry out initiatives by placing "Good Health Health and Well-Being" at the heart of all its activities and decisions.

Principles and Duties

Istanbul Medipol University Health and Well-Being Policy Document commits to carry out activities and develop decisive policies in the following areas to fulfill the objective set out in the third United Nations Sustainable Development Goal, "Ensuring good health and well-being at all ages":

(a) Smoke-Free Campus Practices: The University Senate and the University Board of Directors have started working on making Istanbul Medipol University campuses partially smoke-free.

In the following years, this plan will be widely announced to all stakeholders and smoking areas on campus will be gradually restricted. Istanbul Medipol University campus will be a partially smoke-free campus after the implementation.

A certain number of smoking areas have been established adjacent to the effective use boundaries of the campus to reduce the difficulties experienced by the members and students of Istanbul Medipol University who are already smokers.

- (b) Activities of the Department of Health, Culture and Sports,
- (c) Opportunities for university staff and students to benefit from health institutions,
- (d) Increasing the activities of Medicosocial, Nutrition and Diet Counseling Center and Psychological Counseling units
- (e) Activities of academic and administrative units on Health and Well-Being

In this framework, the Istanbul Medipol University Health and Well-Being Policy Document works to ensure the "Good Health and Well-Being" goal in all kinds of activities and practices related to the areas mentioned above and to measure the effects of these studies.

Implementation

The Rectorate of Istanbul Medipol University implements the Policy on Health and Well-Being.

Sustainable Development Application and Research Center, Strategy Development Department, Quality-Accreditation Office, Academic Unit Quality Commissions and representatives, Administrative Unit Quality representatives carry out the duties and activities within the scope of "Istanbul Medipol University Quality Commission Directive" and contribute to the follow-up and continuous improvement of the related processes.

Related Legislation: Istanbul Medipol University Policy on Health and Well-Being

Date of Approval: 15.08.2023